

Self-esteem of Boys and Girls

Priyanka

*Department of Human Development and Family Studies
CCSHAU, Hisar, Haryana (India)
E-mail: priyankajangra150@gmail.com*

Abstract—*The term 'Self-esteem' is the perception that individuals have of their own worth. This includes a composite of their feelings, a generalized view of their social acceptance and their personal feelings about themselves. As a child goes through adolescence, he or she is subjected to many different challenges, stressors, and opportunities. An important factor in handling these challenges is a positive high self-esteem. The area of development is a key factor in early childhood that influences the long-term development of self-esteem. The present study was conducted with an objective to study the level of self-esteem among boys and girls. The study was conducted in urban and rural area of Hisar district of Haryana state. Total sample constituted of 240 adolescents, 120 from high school of rural area and 120 from high school of urban area. Self- Esteem Inventory was used to assess self-esteem of boys and girls. High school boys and girls were also grouped in three categories of self-esteem - positive, balanced and negative category. The results revealed that majority of boys and girls had positive self-esteem followed by negative and balanced self-esteem. Only five boys and five girls had balanced personality.*

Keyword: *Self-esteem, boys and girls.*